



Carlton Miniott Playing Fields

Tesco Bags for Life Funds Fitness Park

Client: Carlton Miniott Playing Fields Association

Address: Carlton Miniott Playing Field, Thirsk, YO7 4NJ

Budget: £8,000

Age Range: 14+ Years

Project Story

Carlton Miniott playing field is enjoyed greatly by young children with a fun range of play equipment at the park. The parents thought it would be great to have some outdoor gym equipment, enabling them to work out whilst their children played.

They formed a Playing Field Association and applied to the Tesco Bags for Life funding and were delighted to be awarded £8,000 for their project!

Proludic were able to design an outdoor gym scheme for the group, consisting of four pieces of unique piston based Proludic Urbanix equipment. This provides a full body workout and includes information signage. The parents are delighted with their new fitness facility and can now improve their health whilst their children play.



After



The new Proludic Urbanix gym equipment has been incredibly well received with people using it as soon as it was installed in December and over Christmas to work off all their extra mince pies!



- Sam Irvine , Playing Field Association Member



Situated by the playground



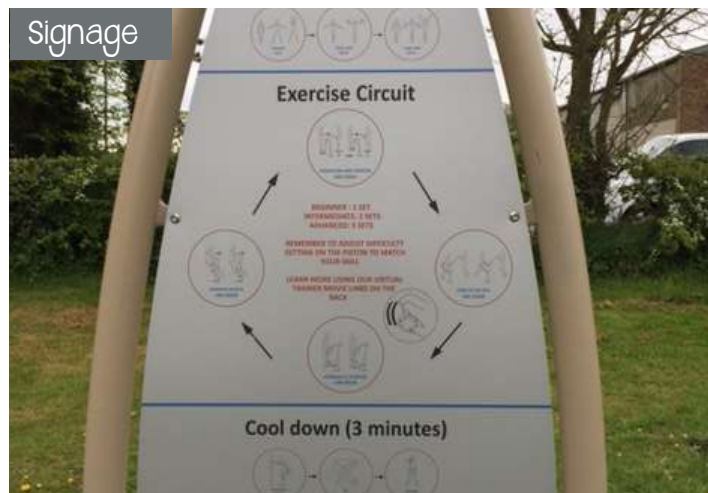
Urbanix Site



Design



Signage



Proludic Sport App

The FREE app, called 'Proludic Sport', is available to download on both Android and Apple/iOS devices. It has been devised to simply and easily allow users to monitor and track their exercise on Proludic sports equipment. Earn rewards by exercising, compete with other users and communities across the country.

- Detailed descriptions of the equipment - Recommended workout routines - Pre-designed workout - Customisable workouts - Apple health integration - Community and personal leader boards - Challenge your friends - 30+ unique exercises.

Contact Us On: www.proludic.co.uk - marketing@proludic.co.uk - 0115 9823 980

